

## Equipment List as Required By Ringette Alberta

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### **Out Players**

CSA approved Helmet and Ringette Face mask  
BNQ Approved Neck Protector  
Elbow Pads  
Protective Gloves (hockey gloves)  
Hip/Tailbone/Genital Protection (Girdle)  
Shin Guards  
Ringette / Hockey Skates (no picks)  
Uniform Jersey (ARA will supply)  
Ringette Pants or "Cooperalls" blue in color  
Ringette Stick

### **Optional Equipment**

Skaters: Shoulder Pads (strongly recommended by ARA)  
Mouth Guard

### **Goalie Equipment (Extras or Different - ARA will provide)**

Goal Pads  
Chest Protector  
Goal Stick

### **Goalies**

Goal Skates  
Blocker  
Trapper Arm Pads  
Goalie Mask  
Plastic Throat Protector (must still have a BNQ Throat Protector)

reference: <http://www.airdrieringette.com/equipment.html>