

Policy Number: NWR03

Most Responsible Board Member: Athlete Empowerment

Approval date: February 18, 2025

Definitions

Refer to the Northwest Calgary Ringette Society (NWR) Bylaw definitions.

The following terms have these meanings in this Policy:

Individuals means all categories of Membership within NWR Bylaws, as well as all individuals engaged in activities with NWR, including but not limited to, athletes, coaches, parents/guardians, volunteers, managers, administrators, directors and officers.

Safety

All participants in Northwest are to apply safety concepts, as outlined below, to all on and off ice activities.

1. All members of the NWR Board, coaches, assistant coaches, team managers and other members of the bench staff are required to have completed the security clearance process described in the Screening Policy.
2. All players are to abide by the equipment requirements indicated in the playing rules of Ringette Canada. This includes any team outdoor practices or casual games of "shinny".
3. At the beginning of each season, a completed Player Medical Form is to be supplied to the Head Coach and Manager.
 - a. This is to be updated with new information if required during the season.
 - b. All teams are required to have completed Player Medical Forms at every team function.
4. Each team must have an emergency plan which identifies three (3) people with specific responsibilities as follows:
 - a. The initial person to respond to the injury on the ice
 - b. A second person to call 911 if necessary, and to serve as the initial contact for the EMS response team and direct them to the injured player
 - c. A third person to obtain the medical record of the player and to provide this to the EMS team (if parent is not available to answer questions).
5. Players are not permitted on the ice without a Coach, Trainer or On Ice Assistant.

6. The “Rule of Two” (see [Ringette Canada Athlete Protection Policy](#)) stipulates that no adult (except the parent of the player) may be alone with a player in the dressing room. At least two adults are required in the company of a player. This rule must be strictly adhered to for the protection of all. If this rule is not being adhered to, it is the responsibility of the team manager and Head Coach to attempt to deal with the person(s) in question, and if the issue is not resolved it must be reported to the President and disciplinary action will be taken as appropriate.
7. Non-player males (including coaches and fathers) are not permitted in the dressing rooms in the U12 and older divisions, except for in the role as coaches when the players are fully dressed prior to the start of the game (coaches’ pregame briefing) and at the end of the game (coaches’ post-game briefing). A minimum of 2 coaches are to be in dressing room together to comply with the Rule of Two.
 - a. At U12 divisions and above, where players require male assistance tying skates, they are required to leave the dressing room to secure the necessary assistance.
8. In the U12 and older divisions, male athletes are expected to change in a separate space from the team dressing room and may enter the team dressing room for the pregame and postgame briefings with the coaches.
9. For guidance related to non-binary gender identities, refer to the [Ringette Canada Transgender Inclusion Policy](#).

Cross-Reference

Ringette Canada

- [Transgender Inclusion Policy](#)
- [Athlete Protection Policy](#)

Ringette Alberta

- [Athlete Protection Policy](#)

Revision History

Date	Action Taken
Feb 18, 2025	Document formatted. Added statement re: RC Transgender Inclusion Policy (T. Laerz, Director at Large)

